

TEACHERS' DAY

In many countries, Teachers' Day is a special day for the appreciation of teachers and may include celebrations to honour them for their special contributions in a particular field area or the community in general. The date on which Teachers' Day is celebrated varies from country to country. The Teachers' day celebrations in different countries are a lot distinct from World Teachers' Day, which is celebrated on 5th October. The idea of celebrating Teachers' Day took root in many countries during the 20th century. In most cases, they celebrate Teachers' Day in respect of a local educator or an important personality in education, for example, Argentina commemorates Domingo Faustino Sarmiento's death on 11 September since 1915 as Teachers' Day, while India celebrates the birthday of Dr. Sarvepalli Radhakrishnan (5th September) since 1962 as Teachers' Day; although Hindus, Jains and Buddhists have been honouring teachers by celebrating Guru Purnima for centuries. This is the primary reason why countries celebrate this day on different dates, unlike many other International Days.

As we all know that our teachers play a great and most important role in our lives. They help us to improve our knowledge; skill level; confidence, as well as shape us on the right path to achieve success. So, we too have some responsibilities towards our loyal teachers. We all, as obedient students need to heartily welcome and give them our wishful thanks for their selfless service of teachings all through their life as well as shaping the life of various students. Teachers' day (which is celebrated once a year on 5th of September) is a great chance for us to spend a day with them and extend our heartfelt thanks.



Anita Gaikwad I (Rose)

Janvi Amin VIII Topaz



EDITORIAL TEAM FOR SEPTEMBER

Chief Editor: Mr. Ramesh Chandra Panda (Principal)

Teacher Coordinator: Mrs. Edna Fernandes (Event Coordinator)

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Dhruvi Thakkar IX Venus
Anushka Unhale IX Venus
Riddhi Kalantri IX Mars

Mazin Shaikh IX Mars
Mohini Totre IX Mars
Yogesh Patil IX Mars

“Teachers teach because they care. It requires long hours, patience and care.”

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A Podar International School News Monthly

TEACHERS' DAY

5th September is the birthday of Dr. Sarvepalli Radhakrishnan, who was the 2nd President of India. We celebrate Teachers' Day on his birthday since 1962.

Teachers are the most amazing people we meet in our life. They shape us into who we are. From our teachers in the classroom to those from whom we learn life lessons; Teachers' Day is a great way to remember them and their teachings.

Teachers teach us to be humble, polite, be brave and keep smiling. We salute our teachers who have played a great role in making our lives successful.



Parent Ms. Rashi Manoj Desai

When life wanted to bless you, it gave you a teacher. He/She is the ultimate gift of God. A teacher is noble, sweet and humble. A teacher is not ordinary, because he/she can make you extraordinary. He/she understands you like no one else. He/she comes into your life to change the way you look at life. You are no more the same again. Your understanding of things change, your knowledge grows, you grow. Life will never be the same again for you.

Argentina has commemorated Domingo Faustino Sarmiento's death on 11th September since 1915, while India has celebrated the birthday of Dr. Sarvepalli Radhakrishnan (5th September) since 1962. This is primary reason why countries celebrate this day on different dates, unlike many other International Days.



Teacher Ms. Rubina Khan

JUMBO KIDS CORNER



Jumbo Olympics Festival

The grand event of Rio Olympics 2016 was celebrated as 'Jumbo Olympics Festival' at Podar Jumbo Kids. The children were amazed to see the PPT of Olympics and the heroes. The excitement was doubled when they made Olympic torches and played various outdoor games.



An ECO-Friendly GANESH CHATURTHI

The festival of Ganesh Chaturthi was celebrated with a wonderful participation of children as they learnt about 'Reduce, Reuse and Recycle'. The 3 Rs. - which was our theme 'Hip Hip Hurray, Ganpati Bappa shows us the way'. The message given by Jumbo to celebrate Eco-friendly Ganesh Chaturthi was well understood by our little ones.



JANMASHTAMI CELEBRATIONS

Janmashtami was celebrated with the theme 'Born to be healthy with milk and milk products' which is really going to help children inculcate healthy eating habits. A wonderful PPT show and a display of various milk products was just perfect for the kiddos.



ONAM gives us the message that - 'Unity is Strength!'



Onam was enthusiastically celebrated as "Unity is our strength" wherein children made colourful rangolis and sung "Row, row, row your boat," while enjoying boat race.



"A good teacher is like a candle- it consumes itself to light the way for others."

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A Podar International School News Monthly



Hindi Diwas

The celebration of Hindi Divas as “Hindi ke rang...Jumbo ke sangh” was full of excitement and learning where in children sang Hindi songs, enjoyed a puppet show, matched pairs and participated in quiz. They learnt about the importance of our national language.



Sr.KG – To understand the concept of the ‘Jobs People Do’

Children of Sr. KG were taught the concept of community helpers in a unique way by actually having a meet with various community helpers.



Nursery - Black Day Celebration

Black Day was celebrated with Nursery kids with awesome decoration and dress code.

JR.KG MODEL – Welcome to the Jungle!



JR.KG MODEL – Who are Domestic Animals?

A fantastic model of wild and domestic animals was made by teachers and shown to Jr.KG children to help them to learn the concept better.



Sr. KG Children’s Drawing

Our Sr.KG children’s drawings of different animals where they have showed their creativity and imagination.



Teacher’s Day

The teachers’ of Podar Jumbo Kids taking oath on the occasion of Teacher’s Day. The children came along with their parents to wish the teachers and express their gratitude.

“A teacher’s purpose is not to create students in his own image, but to develop students who can create their own image.”



Eye Check Up And Awareness Camp, 20th August, 2016

‘Your vision is a great gift. Please pay it the attention it deserves.’

To create awareness among children on how they can and they should take care of their eyes, on 20th August, 2016 Dr. Charuta Bapaye from the Bapaye Hospital conducted an eye care awareness camp at Podar International School Nashik. She screened a presentation in order to create awareness about the problems and disorders of the eyes of children as well as elders in the family. She shared the tips for healthy eyes and helped students create an awareness of the eye diseases. She also explained the causes of several eye disorders and the cure for the same. This session helped students a lot of to know about their eye problems and how to have perfect eyesight. All the teachers were benefited by the camp as well.

**Mazin Shaikh
IX-Mars**



Janmashtami Celbrations, 24th August 2016

‘Govinda aala re matki sambhal brij bala’; these lines remind us of all the ‘Natkhatness’ of everybody’s favourite God, Lord Krishna - a victory of good over the evil. When evil dominates the righteousness, Krishna comes, it means the awareness takes form. The festival is celebrated on the eighth day (Ashtami) of the Krishna Paksha of the month of Shrawana (August–September) in the Hindu calendar. On 24th August, 2016 all the Podar Govindas from grade VIII and X broke the Dahi Handi. This was followed by a dance performance by grade III and VII. The whole campus experienced the Godly vibration. The Govindas and the dance children were encouraged by Principal Sir and staff.

**Riddhi Kalantri
IX Mars**



Chinese Ghost Festival 31st August, 2016

At Podar we are proud to share that children are practically introduced to different cultures of the world. On 31st August 2016, Podar International School, Nashik celebrated Chinese Ghost festival. In Chinese culture, the fifteenth day of the seventh month is called the Ghost Day and the whole month is regarded as the ghost month. It is believed that on these days the spirit of the departed ones visit them just like in India what we believe about the ‘PITRUPAKSH’. Different dishes are prepared and offered to them to express their love and respect for the departed souls of their dear ones to seek their blessings. The students of grade VII presented a skit through which they showed how exactly this festival is celebrated. All the activities were appreciated and applauded by Principal Sir.

**Mazin Shaikh
IX-Mars**



Hindi Diwas - 14th September

Language is the identity of a country and its culture. It binds together the diversities in the country keeping aside the differences. It plays a major role in the development of the nation. In India, after the independence, Hindi has preserved the heritage and culture of India. It runs in the veins of the Indians. To respect the language and as a gratitude, every year we celebrate Hindi Diwas on 14th September. This year also the Podarites celebrated this day in the special assembly with great excitement and cheerfulness. There were speeches given by students, teachers and Principal and a skit was staged to highlight the importance of Hindi. The celebration went for a Pakhwada. Activities like Rangoli, Thali decoration and greeting card making were conducted. The talent and collaboration on the part of students were appreciated by Principal Sir in the assembly.

**Riddhi Kalantri
IX Mars**

Parent Of The Fortnight- Mr. Rajesh Dixit

‘Interaction of parents with children has a very vital impact on a child’s psychological development.’ As a part of our endeavour to have interaction with parents, this fortnight we had a parent-student interaction session which was conducted by Mr. Rajesh Dixit (BTech, MBA), parent of Anusha and Gauri Dixit who was conferred as the ‘Parent of the Fortnight.’ The session covered topics like nuclear fission and fusion, heat transfer and Einstein’s Formula etc. The last part of the session was an interactive question and answer session where children asked him a lot of questions which were answered by him. Overall, it was really a very informative session by a master mind.

**Mazin Shaikh
IX-Mars**



Teacher’s Day Celebrated By Management

Words fail to express the feelings of the heart and give room to the actions and expressions. Like every year, this year also the management of Podar International School, Nashik had a unique way of expressing its gratitude, respect and love towards the teachers. This year, all the teachers were taken to Keshar Baug - a resort on Mumbai-Sinner highway on 6th Sep, where a sumptuous and delicious lunch along with activities like adventure, games and rain-dancing were arranged for teachers. The mini train safari was a memorable experience. All the teachers enjoyed the treat very much. It was a day where all the teachers took a break from their daily routine to feel relaxed and start afresh with renewed zeal and enthusiasm.

Teacher’s Day Celebrations

A teacher plays a major role in making their students good human beings and responsible citizens of tomorrow. ‘Teacher’s Day’ is celebrated on 5th Sep to mark the birthday of Dr. S Radhakrishnan, a great teacher. Children express gratitude to their beloved teachers on this day. The students of Podar International School, Nashik celebrated it with a traditional flavour. The students of the tenth standard showered flower petals on teachers to welcome them and took their blessings. Teachers witnessed the programme organized by students of grade V to IX. The programme included a dance, skit and songs performed by the students. There was the self-government programme in which the students of class IX played the roles of teachers. The whole programme was beautifully presented focusing both the ancient and the modern scenarios. In the afternoon session teachers had a session where they took an oath and expressed their feelings as a teacher.

**Mazin Shaikh
IX-Mars**

“The calling of a teacher; there is no craft more privileged. ”

6 Events

A Podar International School News Monthly



MYTHBUSTERS- UNCOVERING MYTHS, FAIRY TALES AND LEGENDS ENGRAVED IN TIME



At Podar we have unique ways of exposing children to the various branches of knowledge. One of these is the Thematic Celebration. The second module for the academic year 2016 was ‘Mythbusters-Uncovering Myths, Fairy Tales And Legends Engraved In Time’ whereby the children were taught about the myths, legends and folklore of different countries.

‘Express Yourself’

Std. I&II [Art and craft activity ‘The Fallen Star’] – It was a very fun loving activity where the students solved the worksheet by writing their wish in two stars.

Std. III&IV [Writing activity ‘Once upon a time...’] – The students solved worksheets and wrote a story about a castle using the expression ‘once upon a time...’.

Std. V&VI [Communication activity – ‘Questioning Myths’] –The students discussed ‘what’s a myth?’, The activity ended with the questioning session.

Std. VII&VIII [Communication activity – ‘Myths, legends and folklore: Reality or a creation of the mind?’] – The students discussed the bracketed topic. They clearly stated their views on the given topic. The discussion made the classes vibrant and children confident on how to put their ideas forward without hurting others.

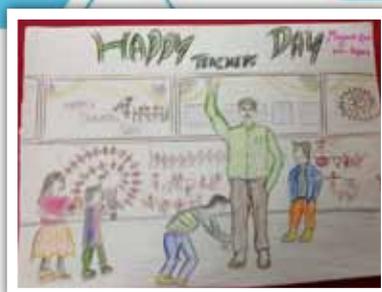


**Riddhi Kalantri
IX Mars**

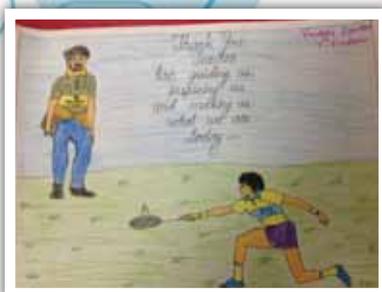
ART CORNER



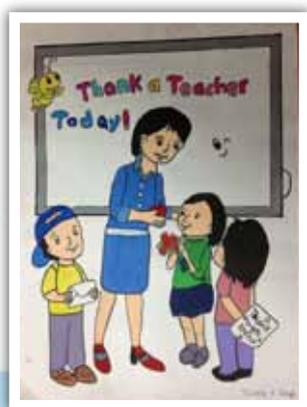
Ethan Fernandes (3-Silver)



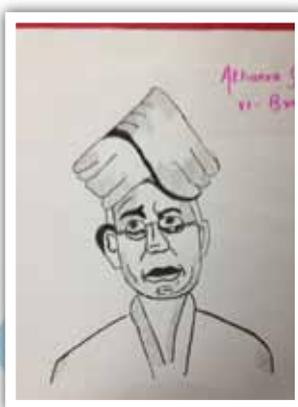
Mayank Kad (8-Topaz)



Vaidehi Deokar (7-Einstein)



Twinkle Singh(7-Kalam)



Atharva Sahare (6-Brahmos)



Veera Thorat (3-Radium)

“The dreams begin with a teacher who believes in and leads you to the highest and greatest way of success.”

LAUGHTER

Humour is infectious. The sound of roaring laughter is far more contagious than any cough, snuffle, or sneeze. When laughter is shared, it binds people together and increases happiness and intimacy. Laughter also triggers healthy physical changes in the body. Humour and laughter strengthen your immune system, boost your energy, diminish pain, and protect you from the damaging effects of stress. Best of all, this priceless medicine is fun, free and easy to use.

• **Laughter relaxes the whole body** - A good, hearty laugh relieves physical tension and stress, leaving your muscles relaxed for up to 45 minutes after it.

• **Laughter boosts the immune system** - Laughter decreases stress hormones and increases immune cells and infection-fighting antibodies, thus improving your resistance to disease.

• **Laughter triggers the release of endorphins** - The body's natural feel-good chemicals. Endorphins promote an overall sense of well-being and can even temporarily relieve pain.

• **Laughter protects the heart** - Laughter improves the function of blood vessels and increases blood flow, which can help protect you against a heart attack and other cardiovascular problems.

How to create opportunities to laugh

- Watch a funny movie or TV show
- Go to a comedy club
- Read the funny pages
- Seek out funny people
- Share a good joke or a funny story
- Check out your bookstore's humor section
- Host game night with friends
- Play with a pet
- Go to a "laughter yoga" class
- Goof around with children
- Do something silly
- Make time for fun activities (e.g. bowling, miniature golfing, karaoke)

Lastly, I would like to conclude that our sense of humour is one of the most powerful tools you have to make certain that your daily mood and emotional state support good health.

THANK YOU!



Sudam Mahajan

शिक्षक दिवस

भारत भूमि पर अनेक विभूतियों ने अपने ज्ञान से हम सभी का मार्ग दर्शन किया है। उन्ही में से एक महान विभूति शिक्षाविद्, दार्शनिक, महानवक्ता एवं आस्थावान विचारक डॉ. सर्वपल्लवी राधाकृष्णन जी ने शिक्षा के क्षेत्र में अमूल्य योगदान दिया है। उनकी मान्यता थी कि यदि सही तरीके से शिक्षा दी जाये तो समाज की अनेक बुराईयों को मिटाया जा सकता है। ;डॉ. राधाकृष्णन के बारे में विस्तार से यहाँ पढ़ें, उनके अनमोल विचार यहाँ पढ़ें

ऐसी महान विभूति का जन्मदिन शिक्षक दिवस के रूप में मनाना हम सभी के लिये गौरव की बात है। डॉ. सर्वपल्ली राधाकृष्णन जी के व्यक्तित्व का ही असर था कि १९५२ में आपके लिये संविधान के अंतर्गत उपराष्ट्रभूषण का पद सृजित किया गया। स्वतंत्र भारत के पहले उपराष्ट्रभूषण जब १९६२ में राष्ट्रभूषण बने तब कुछ शिष्यों ने एवं प्रशंसकों ने आपसे निवेदन किया कि वे उनका जन्मदिन शिक्षक दिवस के रूप में मनाना चाहते हैं। तब डॉ. सर्वपल्ली राधाकृष्णन जी ने कहा कि मेरे जन्मदिवस को शिक्षक दिवस के रूप में मनाने से मैं अपने आप को गौरवान्वित महसूस करूंगा। तभी से ५ सितंबर को शिक्षक दिवस के रूप में मनाया जाने लगा। समस्त शिक्षकों को हम निम्न शब्दों से नमन करते हैं

ज्ञानी के मुख से झरे, सदा ज्ञान की बात।

हर एक पंखुडी फूल, खुशबू की सौगात।।

सलोनी जैन १० वी रामानुजन

5 सप्टेंबर - शिक्षक दिन

डॉ राधाकृष्णन यांचा जन्म 5 सप्टेंबर 1888 रोजी मद्रासजवळील तिरुवाणी येथे झाला. ते ब्राम्हण कुळातील असल्याने त्यांच्या घरात नेहमी धार्मिक विधी केला जात असे. त्या धार्मिक कुळातील वातावरणातच ते लहानाचे मोठे झाले. वयाच्या अवघ्या 15 व्या वर्षी त्यांनी मॅट्रिक परीक्षा उत्तीर्ण केली 'तत्त्वज्ञान' हा त्यांचा आवडता विषय असल्याने त्यांनी या विषयात पदवी घेतली. त्यानंतर त्यांनी मद्रासच्या एका महाविद्यालयात नोकरी केली. नोकरी करत असतानाही त्यांनी शिक्षण सोडले नाही. त्यांनी वेदांतील 'नीतिशास्त्र' या विषयावर प्रबंध सादर केला. त्यांच्या प्रबंधास विद्यापीठाने सर्वोत्तम प्रबंध म्हणून जाहीर करून त्यांचा गौरव केला. एक उत्कृष्ट प्राध्यापक म्हणून त्यांनी आपल्या कार्यातून स्वतःची साया जगाला ओळख करून दिली. कुशल व्यक्तित्व व इंग्रजी भाषेवर असलेल्या त्यांच्या प्रभुत्वामुळे परदेशात त्यांची प्रशंसा झाली. ऑक्सफर्ड विद्यापीठातही ते 'नीतिशास्त्र' या विषयाचे प्राध्यापक होते. शिक्षकांना वैदिक काळापासून गुरूचे स्थान आहे. त्यांच्या ऋणातून आपण कधीच मुक्त होऊ शकत नाही. गुरू शिष्यांच्या संबंधामधील पवित्र कायम ठेवण्यासाठी डॉ राधाकृष्णन यांच्या स्मृती जागृत ठेवण्यासाठी शिक्षक दिन साजरा केला जातो.

शिक्षक हा समाज परिवर्तन करणारा घटक आहे. भविष्यातले विचारवंत कलावंत कलाकार लेखक तत्त्वज्ञ पुढारी डॉक्टर प्राध्यापक इंजिनियर शास्त्रज्ञ तयार करण्याचे सामर्थ्य शिक्षकांमध्ये असते. ज्या प्रमाणे मातीच्या गोळ्याला आकार देऊन कुंभार त्यापासून एखादी प्रतिकृती तयार करत असतो. अगदी त्याप्रमाणे शिक्षक बालकांच्या कोंया मनावर संस्कार करून त्यातून भविष्यातील जबाबदार नागरिक घडवित असतात. आपल्या आईवडिलांनंतर शिक्षक हे आपले अपत्यक्षरित्या पालकच असतात. शिक्षक हे आपल्याला केवळ पुस्तकी ज्ञान शिकवित नाहीत तर आपण त्यांच्याकडून जगण्याची कला आससात करत असतो. आपल्या व्यक्तिमत्त्वावर त्यांच्याकडून संस्कार संस्कृती परंपरा चालीरिती व आदर असे पैलू पाडले जात असतात. त्यामुळे विद्यार्थ्यांनी आपल्या गुरूंचा नेहमी आदरपूर्वक सन्मान केला पाहिजे. त्यांच्याविषयी शिक्षक दिनी कृतज्ञता व्यक्त करून त्यांचे ऋण फेडण्याचा प्रयत्न केला पाहिजे.

Anushka Unhale IX Venus

HOMAGE TO SOLDIERS



We all know about the recent Uri attack which was carried out on our Indian soldiers by the Pakistani terrorists. A group of heavily armed terrorists targeted the rear administrative base of a unit at Uri, Kashmir. In the counter action, four terrorists were eliminated. We highly respect our Indian soldiers who suffered during this attack and faced these problems bravely. We should respect the families of the soldiers who lost their life during this attack. It is not at all easy to send our children to fight for our country.

I PRAY, WE PRAY, that OUR SOLDIERS "REST IN PEACE!"

Bhumija Boricha IX Venus

Dhruvi Thakkar IX Venus

“गुरु का महत्त्व”

गुरु गोविंद दोऊ खड़े काके लागू पायें
बलिहारी गुरु अपनों, जिन गोविंद दियो बताय ।।

गुरु का स्थान ईश्वर से भी उंचा है।

यदि इस दोहे से कवीर दास जी कहते हैं कि यदि मेरे समक्ष गुरु और भगवान दोनों खड़े हों तो मुझे किसके पहले चरण छूने चाहिए ? कवीर इस प्रश्न का उत्तर देते हुए कहते हैं कि गुरु के चरण सबसे पहले स्पर्श करने चाहिए क्योंकि गुरु ने ही ईश्वर तक पहुँचने का मार्ग दिखाया है। गुरु हर रूप में श्रेष्ठ होते हैं क्योंकि वो हमें जीवन नहीं देते जीवन पर जीवन व्यतित करने का मार्ग जरूर सीखाते हैं।

हमें अपने शिक्षक का हर समय सम्मान करना चाहिए क्योंकि उनके बिना जीवन अपूर्ण है।

अनुश्री कापडे 10 वी आर्यभट्ट

PODAR INTERNATIONAL SCHOOL, NASHIK

STUDENTS' ACHIEVEMENT SEPTEMBER 2016

LAVANYA RAO



EVENT :- Karate
(Qualify by International level)
POSITION :- 1st (GOLD)
STD :- VI
PARTICIPATED IN :- National level
Karate Competition, Haridwar
ORGANISED BY:- Student Olympic
Association of Haridwar
DISTRICT :- Haridwar

KHUSHI GARG



EVENT :- Karate
(Qualify by International level)
POSITION :- 3rd (BRONZE)
STD :- IX
PARTICIPATED IN :- National level
Karate Competition, Haridwar
ORGANISED BY:- Student
Olympic Association of Haridwar
DISTRICT :- Haridwar

AKANKSHA S. SHINDE



EVENT :- Judo
(Qualify by Division level)
POSITION :- 1st (GOLD MEDAL)
STD :- VII
PARTICIPATED IN :- Inter school
District level competition, Hirawadi
ORGANISED BY:- District sports
office (DSO)Nashik
DISTRICT :- Nashik

SHLOK DAHAKE



EVENT :- Skating
POSITION :- 1st (GOLD MEDAL)
STD :- III
PARTICIPATED IN :- Maha. Region
Inter I.C.S.E. Schools,
meet at Mumbai 2016
ORGANISED BY:- Association of
I.C.S.E. Schools of Maha (AISM)
DISTRICT :- Mumbai

PRIANSHU KANDALKAR



EVENT :- Skating
POSITION :- 3rd (BRONZE)
STD :- V
PARTICIPATED IN :- Maha. Region
Inter I.C.S.E. Schools,
meet at Mumbai 2016
ORGANISED BY:- Association of
I.C.S.E. Schools of Maha (AISM)
DISTRICT :- Mumbai

AISHVARYA VERMA



EVENT :- Skating
POSITION :- 1st (GOLD)
STD :- II
PARTICIPATED IN :- Open Dist.
Roller Skating Championship
ORGANISED BY:- The Amravati
Dist.Roller Skating Association,
Amravati
DISTRICT :- Amravati



**ADMISSIONS
OPEN**



Admissions open for Nursery, Jr. Kg & Sr. Kg at Podar Jumbo Kids, Nashik. For further details, kindly contact the administrative office during school hours.